

ESSENTIALS

to have on your desk at work



SANITISER

Available in many different types such as wipes, sprays and gels, use this after touching anything you haven't sanitised already or if you cough or sneeze into a tissue.

FACEMASK

Evidence suggests that wearing a facemask won't necessarily protect you, but may offer protection for those around you if you are infected but have not developed symptoms. Even if you don't wear one in the office, keep one handy for the all important mid-morning snack trip to the shop.



CLEANING WIPES



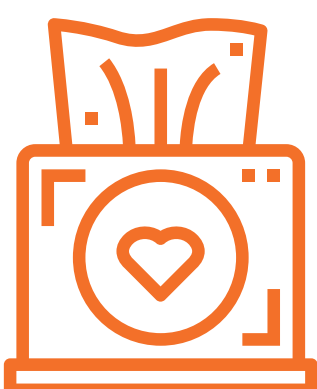
Regular cleaning is important in reducing the spread of Covid-19. Frequently touched surfaces should be cleaned at least twice a day - at the beginning and end of the work day. Normal household detergents are fine to use.

HYGIENE HOOK

AKA a door hook, this is a handy tool to use for opening doors and pushing buttons such as keypads to get into buildings. They are relatively cheap and easy to get hold of.



TISSUES



Always cough or sneeze into a tissue that you immediately dispose of into a bin. Coronavirus can continue to live on tissues for many hours outside the body so keep tissues handy and dispose of them quickly.

Keep up-to-date with changing government advice.

Source: www.gov.uk